

## Potential Models of Late-onset Alzheimer's Disease

**Holly M. Brothers, Ph.D.**

Department of Psychology, The Ohio State University, Columbus, OH  
Email: [brothers.23@osu.edu](mailto:brothers.23@osu.edu)

### Abstract

Alzheimer's disease (AD) is a devastating illness with unknown etiology and no cure. The predominant model for studying AD has been transgenic mice with human mutant amyloid- $\beta$  (A $\beta$ ) protein designed to reflect inherited familial forms of AD (fAD). However, this approach only reflects a small percentage of the AD population and has not led to successful therapeutics. There is recent and compelling evidence that the A $\beta$  is not simply a misfolded protein that accumulates to eventual AD, but instead a protein with physiological roles that responds to several pathological contexts. If we better understand the contexts that stimulate A $\beta$  accumulation, and the character of its response, we can refocus research on targets upstream of A $\beta$ . In order to do this, the field needs models of late-onset AD (LOAD) that do not rely on human transgenes in mice. This perspective outlines models of contextually-driven A $\beta$  accumulation, animals with naturally elevated A $\beta$  and a potential human organ model that may be employed to better understand the role of A $\beta$  in AD.

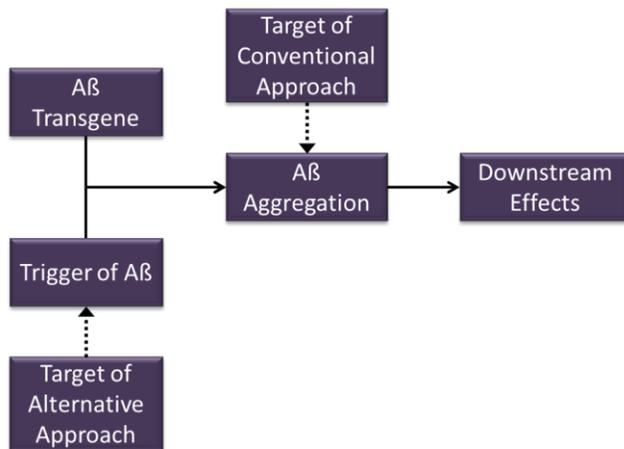
**Keywords:** Alzheimer's disease, AD, amyloid protein, amyloid- $\beta$ , A $\beta$  LOAD, misfolded protein, fAD.

### Introduction

AD is a debilitating progressive neurodegenerative disease with no cure that results in lack of cognitive function and extreme memory loss. AD may manifest relatively early due to inherited genetic susceptibility common in certain families. Approximately 5% of all AD patients have fAD; the remaining majority develops LOAD. A $\beta$  is a protein generally believed to be the driving etiology in AD, largely because genetic mutations related to fAD involve its production. There is yet no recognized etiological factor that can account for LOAD with certainty, though A $\beta$  is considered one of the best candidates. However, there are inconsistencies with an A $\beta$ -centered view of disease etiology. For example, nearly one-third of cognitively healthy individuals have sufficient A $\beta$  protein accumulation to be diagnosed with AD but remain cognitively normal, and a similar proportion of those diagnosed with AD do not have sufficient A $\beta$  accumulation to maintain an AD diagnosis after autopsy<sup>1,2</sup>. These data suggest that A $\beta$  is not sufficient or necessary to drive dementia, though it is required for the diagnosis of AD. This may be in part because A $\beta$

is not inherently pathological. For example, neuroinflammation is sufficient to drive AD-like memory impairment in wild type (WT) rats<sup>3,4</sup>, and removal of microglia is sufficient to significantly improve memory in mice with three fAD human transgenes (3xTg-AD) without altering A $\beta$  levels<sup>5</sup>. While A $\beta$  might not be a singular causative factor in the development of AD, more than half of research in the field is devoted to the pathological consequences and elimination of A $\beta$ <sup>6,7</sup>. Therefore, to progress in our understanding of AD, we must learn more about the physiological role of A $\beta$ .

A $\beta$  is generally considered to be a toxic, misfolded protein. However, experimental data suggests that it plays a physiological role in immunity against microbes<sup>8-13</sup>, the acute phase after injury<sup>14,15</sup>, T cell regulation<sup>16,17</sup>, cerebrovascular modeling<sup>18</sup>, tumor suppression<sup>19-21</sup> and synaptic signaling<sup>22</sup>. These functions of A $\beta$  are consistent with adverse events reported in clinical trials that target A $\beta$ , including increased rates of infection<sup>23-25</sup>, meningoencephalitis<sup>26,27</sup>, microhemorrhages and edema<sup>28-32</sup>, cancer<sup>24,31</sup> and seizures<sup>29</sup>. To better understand the physiological role of A $\beta$  in normal and pathological conditions, the



**Figure 1. Targeting triggers of A $\beta$  alters the conventional approach.** The conventional approach to Alzheimer's (AD) research is to investigate the downstream pathological consequences of A $\beta$ , primarily in mouse models that harbor a familial AD transgene, and to target the suppression or removal of A $\beta$ . However, this approach has not yet resulted in clinical efficacy. This review outlines models of triggers which elevate A $\beta$  levels and promote aggregation in wild type and transgenic animals. By investigating triggers of A $\beta$ , the therapeutic target is moved upstream, and diversifies our research strategy.

production of A $\beta$  should be contextually-driven. Unfortunately, mice with fAD transgenes that overexpress A $\beta$  (Tg-AD) are a poor model for the physiological role of A $\beta$  in normal conditions, and can represent the physiological role of A $\beta$  in pathological conditions only if challenged. This perspective will outline potential models of A $\beta$  accumulation that may better represent LOAD. If triggers of A $\beta$  elevation and aggregation are further characterized, then we will gain insight into the etiology of LOAD and can fundamentally alter our research strategy (see **Error! Reference source not found.**). Using new models to identify other targets will increase opportunities to achieve clinical efficacy in the large population of LOAD patients, the overwhelming majority of AD.

### Experimentally-driven A $\beta$

A $\beta$  can be driven in WT animals and potentiated in Tg-AD by experimental manipulations that include immune activation, cell-cycle reentry, traumatic injury and cerebrovascular injury (see **Error! Reference source not found.**). A number of factors

amplify A $\beta$  production in cells, but this perspective concentrates only on *in vivo* animal models.

Lifetime infectious burden is increased in AD<sup>33</sup> and risk of AD is increased by the presence of viral and bacterial infections<sup>34-37</sup>. Evidence of microbial infection is found in AD plaque cores and brain tissue, including the presence of herpes simplex virus 1<sup>38</sup>, spirochetes<sup>39</sup> and fungi<sup>40</sup>. A $\beta$  fluctuates during the course of infection in humans in a manner that suggests A $\beta$  is elicited by infection and subsides with resolution of infection<sup>41-46</sup>. A number of immune activators stimulate A $\beta$  production and related AD characteristics *in vitro*<sup>47-55</sup> and in rodents. Treatment with the viral mimetic polyinosinic:polycytidylic acid (Poly I:C) increases hippocampal A $\beta$  and memory impairment in WT mice<sup>56</sup> and increases extracellular A $\beta$  in Tg-AD mice<sup>57</sup>. The bacterial mimetic lipopolysaccharide has similarly been reported to increase A $\beta$  production in WT rodents<sup>58-60</sup> and to increase both A $\beta$  and phosphorylated tau (pTau) in aged Tg-AD mice<sup>61-63</sup>. Multiple live bacteria drive A $\beta$  production in rodent models as well. The bacteria *H. pylori* increases A $\beta$  and produces memory impairment in WT rats<sup>64</sup> and *B. pertussis* increases A $\beta$  in Tg-AD mice<sup>65</sup>. Similarly, infection with *C. pneumoniae* increases A $\beta$  production in a way that is synchronously tied with the course of infection in WT mice; when the infection abates, A $\beta$  resides<sup>66-68</sup>.

Cell-cycle reentry is a process characteristic of cancer that should be absent in the terminally differentiated neurons of the AD brain but is instead common<sup>69</sup>. Activators of cell-cycle reentry stimulate A $\beta$  production *in vitro*<sup>70</sup> and in mice. Cell-cycle reentry can be initiated by conditional transgenic expression of simian virus 40 large T antigen oncogene produces A $\beta$  and tau deposits as well as neuronal loss in mice that do not harbor a human fAD transgene<sup>71</sup>. Impressively, this is the only known model to achieve the trifecta of AD-like pathology in the absence of fAD

transgenes, and thus may be more informative about the role of A $\beta$  than more popular Tg-AD

LOAD, we can use it to learn about the physiological functions of A $\beta$ .

Models of increased A $\beta$ production and/or aggregation			
Species	A $\beta$ Type	Trigger	Ref
<b>Immune Challenge</b>			
Mouse	WT	Poly I:C	56,57
Mouse	Tg-AD	Poly I:C	57
Mouse	WT	LPS	58–60
Mouse (Aged)	Tg-AD	LPS	61–63
Rat	WT	<i>H. pylori</i>	64
Mouse	Tg-AD	<i>B. pertussis</i>	65
Mouse	WT	<i>C. pneumoniae</i>	66–68
<b>Cell Cycle Reentry</b>			
Mouse	WT	Simian virus 40 large T antigen oncogene	71
<b>Traumatic Injury</b>			
Rat	WT	Controlled cortical impact	77
Mouse	Tg-AD	Controlled cortical impact	78,79
<b>Cerebrovascular Pathology</b>			
Rat	WT	Needlestick lesion	83
Rat	WT	Hypertensive, stroke-prone	85,86
Rat	WT	MCAO	87–89
Rat	WT	Endothelin-1 and A $\beta$ combined injection	90
Mouse	WT	MCAO with transgenic Endothelin-1 overexpression	91
Guinea Pig	WT	Microhemorrhage induced surgically	92
Mouse	Tg-AD	Microhemorrhage induced by Bengal dye	94

**Table 1. Models of increased A $\beta$  production and/or aggregation.** The table outlines models discussed, listing the species, whether A $\beta$  is wild type (WT) or an inserted human transgene (Tg-AD), and the experimental manipulation used to increase A $\beta$ . In some cases the pathway to A $\beta$  production is elevated, there is evidence of increased A $\beta$  levels or A $\beta$  aggregation or deposition is increased. The specific effects on A $\beta$  of each trigger are described in the accompanying body of text.

models that do not faithfully recapitulate these aspects of AD.

Traumatic brain injury in humans suggests that A $\beta$  may respond to injury and reside during recovery<sup>72–76</sup>. Traumatic injury produced by controlled cortical impact (CCI) in rodents also drives dynamic production and recession of A $\beta$ . For example, CCI increases enzymes in the pathway to A $\beta$  production in WT rats<sup>77</sup>. CCI increases A $\beta$  in Tg-AD mice within one day and potentiates A $\beta$  deposition, though A $\beta$  levels return to normal over time<sup>78,79</sup>. Furthermore, the interaction between CCI and A $\beta$  are influenced by apolipoprotein E genotype<sup>80</sup>, the strongest known genetic risk factor for LOAD. While traumatic injury is clearly not a model of

Cerebrovasculature pathology is highly comorbid with AD and a likely contributor to AD etiology<sup>81,82</sup>. Cerebrovascular pathology also upregulates A $\beta$  production and draws A $\beta$  to the vasculature in animal models. For example, bleeding induced by needlestick lesions in WT rats transiently upregulates A $\beta$  and p-Tau near the lesion site and longer lasting deposition of A $\beta$  along the needle tract<sup>83</sup>. Stroke is a recognized driver of A $\beta$  and tau in WT and transgenic rodent models (reviewed<sup>84</sup>). Hypertensive stroke prone rats consistently present elevations in A $\beta$ <sup>85,86</sup>. Middle cerebral artery occlusion (MCAO) increases A $\beta$  production in WT rats that peaks in one month<sup>87,88</sup>, and transitions from diffuse deposits to more dense plaque-like deposits within nine

months<sup>89</sup>. Blood-brain barrier damage generated by injection of endothelin-1 in combination with A $\beta$  potentiates A $\beta$  deposition beyond injection of A $\beta$  alone<sup>90</sup>. Blood-brain barrier damage induced by a transgenic model of endothelin-1 upregulation in combination with MCAO further enhances astrocytic production of A $\beta$ <sup>91</sup>, as does surgically-induced microhemorrhage in guinea pigs<sup>92</sup>. Microhemorrhages induced by dietary hyperhomocysteinemia effect the distribution of A $\beta$ , drawing it to the cerebrovasculature<sup>93</sup>. Microhemorrhages also effect the rate of A $\beta$  deposition, as cerebrovascular amyloid angiopathy and plaque-like A $\beta$  depositions increase rapidly after microhemorrhage induction with Rose Bengal dye and return to the basal deposition rate within one week<sup>94</sup>. Together, these data suggest that cerebrovascular pathology may be used to promote A $\beta$  in WT animals and challenge Tg-AD models in a way that can help reveal the role of A $\beta$  in AD.

#### **Naturally elevated endogenous A $\beta$ in animal models**

More can be learned about the relationship between A $\beta$  and AD by evaluating models of naturally elevated A $\beta$  in addition to transgene-driven A $\beta$ . Brain A $\beta$  is conserved in other animal species<sup>95</sup>, and some develop age-dependent A $\beta$  accumulation or high levels of A $\beta$ . These include, but are not limited to, non-human primates (Caribbean vervets and lemurs), canines (beagles) and rodents (octodon degus and naked mole rats) (see **Error! Reference source not found.**).

Vervet monkeys and lemur primates both develop age-dependent A $\beta$  deposition. Anti-A $\beta$  immunotherapy in vervets reduces the load of A $\beta$  plaques<sup>96</sup>. Lemur primates accumulate A $\beta$  deposition with age and their A $\beta$  sequence is more closely related to humans than the A $\beta$  sequence of mice. When treated with anti-A $\beta$  immunotherapy, aged primate lemurs develop microhemorrhages<sup>97</sup>, consistent with outcomes of human clinical trials. Importantly, microhemorrhages were not predicted from

pre-clinical work in Tg-AD mice, suggesting that this model of endogenous A $\beta$  may reveal important information about the physiological role of A $\beta$ .

Beagles have an A $\beta$  sequence with complete sequence homology to human A $\beta$ , though N-terminal modifications are distributed toward a more degradable form of A $\beta$  in beagles than humans<sup>98,99</sup>. Beagles develop diffuse amyloid plaques after ten years of age and additional dense A $\beta$  plaques over time<sup>99-101</sup>. By 15-18 years of age, 73% of laboratory-raised beagles had brain amyloid deposits<sup>101</sup>. Anti-A $\beta$  immunotherapy in beagles treated for approximately 2 years successfully reduced A $\beta$  load, but did not impact cognition<sup>102</sup>; similar to the effect these therapeutic approaches have had in human trials.

Octodon degus are a long-lived South American rodent with an endogenous A $\beta$  sequence that closely resembles human A $\beta$ , differing by only one amino acid whereas the A $\beta$  sequence in WT mice and rats differs by three amino acids<sup>103,104</sup>. Relatively young octodon degus develop vascular A $\beta$  accumulation, and aged octodon degus display a wide range of AD-like attributes, including intra- and extracellular A $\beta$  deposits, white matter pathology, intracellular tau, neuroinflammation, cell death, synaptic dysfunction and behavioral impairment<sup>104-108</sup>. Therefore, octodon degus may be a natural animal model of AD and can provide valuable insight into its pathogenesis<sup>109</sup>.

In contrast, naked mole rats also have high levels of A $\beta$  but do not develop age-associated characteristics of AD. Naked mole rats also have naturally high levels of A $\beta$  that is only one amino acid removed from the human sequence and equally toxic to mouse neurons<sup>110,111</sup>. Though A $\beta$  levels in the naked mole rat are elevated throughout the lifespan at levels similar to 3xTg-AD mice that harbor multiple fAD genes, A $\beta$  does not increase with age and plaque-like aggregates are not observed in this rodent<sup>110</sup>. In fact, they have the longest longevity quotient of any known rodent, living approximately 30 years, and remain very

Models of naturally increased A $\beta$ production and/or aggregation			
Species	Deviation from human A $\beta$	Characteristics	Ref
Vervets	Identical	Deposition increases with age	96
Lemurs	Identical	Deposition increases with age	97
Beagles	Identical	Deposition increases with age	98–101
Octodon degus	1 AA	Deposition increases with age	103–108
Naked mole rats	1 AA	Levels comparable to 3xTg-AD, however, deposition does not increase with age.	110,111

**Table 2. Models of naturally increased A $\beta$  production and/or aggregation.** Animal models of naturally-elevated A $\beta$  are outlined. This table is not an exclusive list of species that develop A $\beta$ , but lists models that lend themselves to research. In general, species that have naturally increased A $\beta$  levels and/or deposition have an A $\beta$  sequence identical to, or 1 amino acid (AA) away from, the human A $\beta$  sequence. In all cases, A $\beta$  has been documented to form aggregates with age with exception of the naked mole rat, which has high A $\beta$  levels but no evidence of AD-like deposits.

healthy<sup>112–114</sup>. The absence of pathology in the presence of high A $\beta$  over a lifetime suggests that A $\beta$  is not toxic in this model, and this is either because A $\beta$  is not inherently toxic or because naked mole rats are able to compensate for its presence. In addition to extreme longevity, naked mole rats are also known for maintained health and cancer resistance<sup>115</sup>. As discussed above, cell-cycle reentry associated with cancer is present in AD and stimulates A $\beta$  production. Yet, there is a strong inverse relationship between AD and cancer<sup>116–118</sup>. It is possible that A $\beta$ , which can be cytotoxic and suppresses tumor growth<sup>19–21</sup>, is protective against cancer but permissive for AD. Therefore, the naked mole rat is a unique and relevant model for studying A $\beta$ .

### Human

Ideally, the relationship between A $\beta$  and AD would be elucidated in humans, but imaging and post-mortem analysis can only give snapshot views. A $\beta$  can be induced in human cell lines. In particular, pluripotent stem cells derived from brain tissue better represent the size, function and context of brain than other human-derived cell systems and are becoming an extremely useful tool to investigate the effects of human A $\beta$  and AD-related genetic patterns<sup>119</sup>. Various triggers of A $\beta$  can be tested

in these cell lines, and this can give us insight into the function of A $\beta$ . For example, various microbes induce A $\beta$  production and aggregation in animal cell lines and animal models. Furthermore, A $\beta$  has antimicrobial properties that have been demonstrated in culture systems. Evidence that A $\beta$  is triggered by and fights against microbial infection would be even more compelling in human brain cell systems, particularly if these effects are different in those derived from patients with AD or AD-related genetics. In addition to cell lines, A $\beta$  is found in various other human organs in the context of pathology<sup>120–122</sup>, but only one is particularly suited for experimentation: the placenta.

A $\beta$  in the placenta is a newly discovered and relationship that deserves further exploration, because it may offer a unique way to model AD in a human organ. Recent evidence demonstrates that A $\beta$  accumulates in the urine of women with preeclampsia (PreE), a condition that affects 5% of pregnancies, and may be a better prognostic of clinical outcome than the current clinical standards<sup>123</sup>. Furthermore, enzymes that process A $\beta$  are increased in the placenta in addition to plaque-like A $\beta$  deposits. To date, it is unknown whether PreE is a predictor of later AD; clinical cohorts that have pregnancy records with reliable PreE diagnoses

(beginning in the 1960's) are just beginning to crest the age at which early AD will manifest. Like AD, PreE has no known etiology and no known cure.

PreE parallels some aspects of AD, albeit on the time scale of months instead of decades; making pregnancy and the post-partum period an unlikely but attractive time for testing A $\beta$ . Less contrived than a genetic mouse model of fAD, the placenta offers human A $\beta$  in a human organ experiencing a human environment. A $\beta$  can be evaluated in collected urine samples and in placentas after birth, which can be obtained readily and allow for testing that cannot be completed on postmortem brain tissue. Additionally, placentas from normal pregnancies can be sectioned into explants and tested *in vitro* using a within-subjects design. While people only get AD once, many women have multiple pregnancies. Interestingly, PreE is only repeated in approximately one third of subsequent pregnancies. This implies that there is either a trigger for A $\beta$  or a compensatory mechanism to protect against A $\beta$  in later pregnancies. For this reason, evaluating A $\beta$  during PreE offers a window of insight into AD that cannot be obtained from evaluating the human brain or transgenic mice.

### Conclusion

Models exist that can be utilized to better represent LOAD, the form of AD that is by far the most common. These include experimental manipulations that stimulate A $\beta$  production, animals that naturally produce high levels of A $\beta$  and the human placenta, which has the potential to develop plaque-like deposits and is easily obtained. To date, all clinical trials for AD targeting A $\beta$  have failed, and some have been halted for serious adverse events in a subset of the population. This record of failure suggests that reducing A $\beta$  is consequential, potentially because A $\beta$  has important physiological roles in normal and pathological contexts. These roles will be better revealed with models that complement existent Tg-AD models.

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