## Investigation of Poly(amidoamine) Dendrimer Based Simvastatin Oral Formulations: Pharmacokinetic and Pharmacodynamic Studies

## Leyuan Xu<sup>1</sup>, Hao Zhang<sup>2</sup>, Yue Wu<sup>3,\*</sup>

<sup>1</sup>Department of Biomedical Engineering, <sup>2</sup>Department of Mechanical and Nuclear Engineering, <sup>3</sup>Department of Chemical and Life Science Engineering, Virginia Commonwealth University, Richmond, Virginia 23284 USA \*Corresponding author: wuy@vcu.edu

## Abstract

Dendrimers have a highly branched nanoscale architecture with low polydispersity and high functionality. Therefore, dendrimers been widely used for nanocarriers in drug delivery systems. This paper gives an overview of the recent progress on the evaluation of pharmacokinetic and pharmacodynamic (PK/PD) profiles of PAMAM dendrimers based Simvastatin (SMV) oral formulation in rats. The mechanism of the dendrimer delivery of SMV will be also presented.

## Keywords: dendrimer, statin, drug delivery, PAMAM

Statin is known as 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitor and is used patients with to treat hypercholesterolemia. Simvastatin (SMV) is a member in the statin class of pharmaceuticals; it is cost-effective and has relatively few adverse effects. Thus, SMV becomes the best choice in initial therapy for hypercholesterolemia. However, SMV is severely limited by its poor aqueous solubility and low oral bioavailability the gastrointestinal track. through Such drawbacks could be gentled by a drug delivery system, which can efficiently deliver SMV and improve pharmacokinetics of SMV. Dendrimers have been extensively utilized for construction of nanocarriers in drug delivery systems. Dendrimers have a highly branched nanoscalearchitecture with low polydispersity and high functionality. This unique architecture allows for high drug payload and multifunctionality [1-3]. PEGylated PAMAM dendrimer was reported to biocompatibility, possess high enhanced solubility and slow release of SMV in vitro comparing to the non-PEGylated dendrimer [4], as shown in Figure 1. It was of interest to evaluate the in vivo potential of PEGylated dendrimer-SMV formulation.

For the first time, Kulhari et. al. evaluated the pharmacokinetic and pharmacodynamic (PK/PD)

profiles of PAMAM dendrimers based SMV oral formulation in rats. This formulation was formed by complex of dendrimers and SMV as follows. Noncovalent electrostatic interactions initiated SMV attachments onto the dendrimer surface groups. The hydrophobic interiors of dendrimers provided a lipophilic environment where SMV could be entrapped. This simple encapsulation of SMV significantly enhanced aqueous solubility of SMV, which could lead to a sufficient increase in SMV oral bioavailability. Surface groups of dendrimers played an important role in this formulation. PEGylated dendrimers exhibited a higher SMV encapsulation efficiency than amine and hydroxyl dendrimers. This phenomenon could be explained by that PEG chains on the dendrimer surface provided large void space and entanglement potential for SMV encapsulation. As a result, PK profiles displayed that 7.5-fold increase in total amount of SMV absorption and 3.8-fold decrease in elimination rate of SMV were achieved in the case of rats treated with PEGylated dendrimer-SMV comparing to free SMV. These PK profiles suggested that PEGylated dendrimer-SMV complexes increased SMV solubility, slowly released SMV, prolonged SMV exposure time, reduced SMV elimination rate, and subsequently, enhanced SMV bioavailability. PD profiles exhibited that 1.8-fold decrease in serum cholesterol level, 2.2-fold decrease in LDL

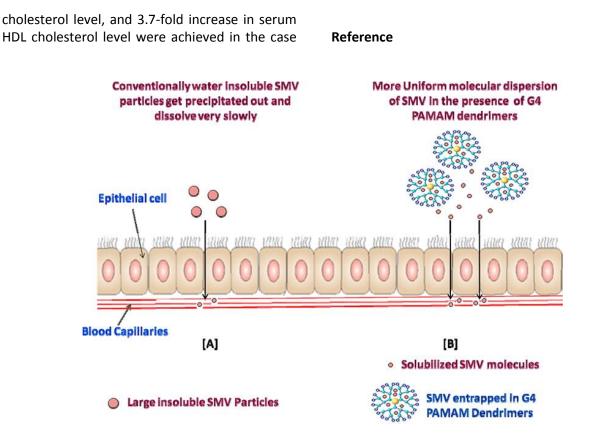


Figure 1. Mechanism of dendrimer delivery of SMV. (Reproduced from reference [5]. Copyright 2013 Clearance Center, Inc.)

of rats treated with PEGylated dendrimer-SMV comparing to free SMV. These PD profiles suggested that the slow release kinetics of SMV from PEGylated dendrimer-SMV complexes sustained a steady-state SMV concentration in the blood. All these results well align with in vitro release kinetics of SMV from this formulation [5].

In summary, Kulhari et. al. have clearly illustrated the PEGylated dendrimer-SMV formulation can improve PK/PD profiles of SMV, and it can tender the decrease in total required drug amount, in dosing frequency, and hence, in potential toxicities of SMV. Kulhari et. al. provided a platform to enhance bioavailability and reduce adverse effects in the effort of successful SMV oral delivery. [1] Yang H. Nanoparticle-mediated brain-specific drug delivery, imaging, and diagnosis. Pharmaceutical research. 2010;27:1759-71.

[2] Yuan Q, Lee E, Yeudall WA, Yang H. Dendrimer-triglycine-EGF nanoparticles for tumor imaging and targeted nucleic acid and drug delivery. Oral oncology. 2010;46:698-704.

[3] Yuan Q, Yeudall WA, Yang H. PEGylated polyamidoamine dendrimers with bis-aryl hydrazone linkages for enhanced gene delivery. Biomacromolecules. 2010;11:1940-7.

[4] Kulhari H, Pooja D, Prajapati SK, Chauhan AS. Performance evaluation of PAMAM dendrimer based simvastatin formulations. International journal of pharmaceutics. 2011;405:203-9.

[5] Kulhari H, Kulhari DP, Prajapati SK, Chauhan AS. Pharmacokinetic and Pharmacodynamic Studies of Poly(amidoamine) Dendrimer Based Simvastatin Oral Formulations for the Treatment of Hypercholesterolemia. Molecular pharmaceutics. 2013.