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Publication Bias: Should Scientists Work Harder to Share Negative Results? Ben Mudrak, Ph.D. Education Division, American Journal Experts

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Abstract

Scholarly publishing is the cornerstone of advancing our understanding of the world around us. A staggering amount of research is conducted each day, and this research would effectively serve no purpose without a system for its dissemination. However, academic publishing is slanted toward positive results, with negative results becoming scarcer in the literature. Countless experiments without splashy results end up in dusty lab notebooks, forever closed off from the rest of the scientific community. Now should be the right time to create a home for negative results, preventing duplicated effort and ensuring that decisions and conclusions are based on all the available evidence.

Keywords: Publication Bias, Scholarly Publishing, Negative Results, Clinical Trials, Reproducibility

Scholarly publishing is the cornerstone of advancing our understanding of the world around us. A staggering amount of research is conducted each day, and this research would effectively serve no purpose without a system for its dissemination. However, academic publishing is slanted toward positive results, with negative results becoming scarcer in the literature (Fanelli, 2012). Countless experiments without splashy results end up in dusty lab notebooks, forever closed off from the rest of the scientific community.

The consequences of sheltering negative results are many. First, considerable effort is undoubtedly duplicated by separate labs trying the same experiment, only to generate "uninteresting" results. Second, the focus on only publishing statistically significant results may lead to false conclusions (lonnides, 2005). In some cases, a chance result may make it into the literature (to be taken as fact) while ten or twenty studies negating that result remain unpublished. This process leads to future studies that may be based on flawed information. Last, important medical decisions hinge on the accurate reporting of clinical trials, which is why recent efforts have focused on registering and publishing all trials, not just those that show favorable or novel results.

A <u>recent study</u> by Suñé et al. in *PLOS ONE* tracked the publication of results from clinical trials registered at a major hospital in Spain (Suñé et al., 2013). The authors followed 785 studies to completion and were able to find results for 541 (68.9%). Of these, trials classified as having positive results (i.e., statistically significant effects of the drug being tested) were published 84.9% of the time. Trials with negative or inconclusive outcomes were published only 68.9% of the time (p < 0.001 compared with positive studies). Moreover, the authors found a longer median time to publication for negative trials compared with positive trials (3.21 years vs. 2.09 years; hazard ratio, 1.99), even when adjusting for the type of sponsorship, the phase of the trial at the time of publication, sample size, and medical area. These results corroborate an earlier meta-analysis of smaller studies on clinical trial reports (Hopewell et al., 2009).

Is this bias caused by journal editors searching for eye-catching results, or authors choosing not to submit negative studies? It's likely to be some of both (Senn, 2013). Unfortunately, the options for publishing negative results are few. The chronic underreporting of negative results in psychology led to the creation of *BMC Psychology*, which explicitly encourages negative results (Laws, 2013). Otherwise, few journals specifically request negative results, and lower citation rates for negative studies (Jannot et al., 2013) likely make them less desirable to many journals.

The internet has opened up a powerful new avenue for sharing results, but the research community has yet to fully embrace the potential web transform of the to scholarly communication. The internet age provides nearly unlimited storage space, a free exchange of information, and new algorithms for data mining. Now should be the right time to create a home for negative results, preventing duplicated effort and ensuring that decisions and conclusions are based on all the available evidence.

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